

Failure to properly inspect, setup or use a ladder can cause serious injury or death

## Ladder Inspection Points

- No loose, broken or missing parts
- Non-skid feet
- No wet or slippery treads or rungs
- Non-metal side-rails when working around electricity
- Check ladder weight rating

## Safe Ladder Setup

- Ladder feet level & on solid surface
- Both sides of extension ladders against wall or other support
- Stepladder spread fully & locked into position
- Ladder bottom at 75 degree angle or 1/4 of ladder height from wall
- Keep ladder at least 10 feet away from power lines
- Tie off top of extension ladders
- Boundary off traffic areas & doors

Use ladders only in the manner and purpose for which they have been designed

- Dry hands, shoes and ladder rung/steps
- Second person to hold the bottom of the ladder
- 3-point grip on the ladder at all times
- Don't turn or lean away from the front of the ladder
- Climb slowly - keep your weight centered between side rails
- Stand below top two rungs of a stepladder
- Stand below top four rungs of an extension ladder
- Don't carry tools or other items in your hands
- Don't carry heavy or bulky items up or down a ladder
- Keep 10 feet away from all power lines